



# Information Brief

for participant/ parent/ referring agency

## Background

Imagine Global recognizes the difficulty migrants and refugee youth have in adapting to Australian culture and fully accessing opportunities. They often face unseen mental pressures from bullying, socio-economic barriers and even previous trauma.

The Imagine Youth Mentoring program works to facilitate integration of these Culturally and Linguistically Diverse (CaLD) Youth in Australian society and promote their mental resilience. It also prevents misunderstanding of CaLD communities and demonstrate how young people can collaborate with their CaLD peers.

Imagine Youth Mentoring had it's pilot run in 2020, and set up it's program and policies with the help of the credible not-for-profits 'Save the children' and 'Multicultural futures'



## Format/ Details

- Free program lasting 6 months (Start January 2022, exact date TBC)
- Mentors are trained university students or graduates who are allocated to befriend a CaLD youth based on interests and suitability.
- At the start of the program each mentee(CaLD youth) sets 3 personal goals, one each from the following domains: relational, academic-career, and interest-specific.
- Activities during mentoring sessions are decided both by the mentor and CaLD youth, firstly to develop friendly partnership, and secondly to achieve the 3 set goals.

Examples include:

- Relationship-building/leisure: Cafe discussions, going to the movies, park walks
- Academic/career: Forming a resume, attending educational talks, study planning
- Interest-specific: Sporting activities, Cooking activities, going to a music show
- Virtual activities (in case of infectious outbreak): zoom discussions, online events

**UP TO \$200 AVAILABLE PER MENTORSHIP TO FUND MENTORING ACTIVITIES**

# Application Process

(Deadline: 24th Dec 2021)

## Eligibility:

- Aged 12-25 years of age
- From Culturally and Linguistically Diverse demographic, including refugee or migrant background
- May be referred from agencies or directly from CaLD youth and their families.
- Application form needs to be filled up, including parental input if less than 18 years old. Forms to be sent to [youth.mentoring@imagine-global.org](mailto:youth.mentoring@imagine-global.org)
- After the application is successful and an appropriate mentor is found, the mentee (and parent if less than 18 years old) will be required to attend and/or arrange an appointment with program representative for introductory briefing.

**Email all enquiries and applications to  
[youth.mentoring@imagine-global.org](mailto:youth.mentoring@imagine-global.org)**

## Frequently Asked Questions (FAQ)

### How is this mentoring program unlike other free mentoring programs?

This program is not purely academically focused. It is based instead on social interaction and achieving achievable objectives which may include social, psychomotor, social or academic elements. This program also has funding for a wide variety of activities.

### How do you provide a safe mentoring program?

The Imagine youth mentoring program and policies were set up with help from credible, experienced multicultural/youth centres as mentioned above. Our policies were also screened by the legal firm Squire Patton Boggs, and reflect best practice as per Work Health Safety laws. We ensure all program representatives and volunteers are aware of strict rules regarding interpersonal boundaries and risky activities, and the organizing committee has both online and face-face methods of supervising every mentorship. We also make it a priority to involve parents in the process of mentoring and ensure they are updated and on board with issues involving their child. Mentors are selected based on strict criteria including life experience, interview, police check and working with children check. They also need to be current university students or graduates. They then undergo rigorous training including input from credible organizations such as "Save the children" and "Multicultural Futures".

**[imagineglobal-youthmentoring.com](http://imagineglobal-youthmentoring.com)**

